



2019 Buyer's Guide
Catalog of Gardening
Tools, Supplies
and Seeds!

www.TheGardenersWorkshop.com

Dear Friends,

I am meeting you on these pages once again with such gratitude. This journey of farming, writing, and teaching has become such a satisfying part of my life. I'm glad we are here together.

This year I am pleased to share my latest book *Vegetables Love Flowers*. I have penned my steps to learning that flowers are a key piece to gardening pesticide-free. If you want to learn why to grow flowers, which flowers to grow, and how to tend a cutting garden---I'd love to sign and send you a copy! My newest adventure is launching online courses. This is proving to be such an exciting and educational way to share my garden and farm. Please send us your course topic suggestions---I'd love to see them.

Fondly,
Lisa



Vegetables Loves Flowers
Photo by Bob Schamerhorn

How Soil Blocking Became a Part of The Gardener's Workshop:



Soon after learning of soil blocking in 1997, Lisa set out to tweak it to work in her indoor-home setting.

- The first step was using trays with no drainage holes. This made the trays self-contained with no water leaks.
- Next, she experimented using the smallest blocker ($\frac{3}{4}$ ") for almost all seeds--because many could fit in a very small space. She found that the small block could and would support a beautiful transplant until it was planted in the garden.
- The key is to plant in a timely manner. Soil-blocked seedlings tend to grow faster and can be handled and planted sooner.

The discovery of these successful steps allowed her to launch her cut-flower farm and to turn soil blocking into a revolutionary home gardener table-top seed-starting method.



Easy Table-Top Seed Starting with Soil Blocking



The Simple Steps to Success!



1. Fill blocker chambers with very wet blocking mix.



2. Scrape excess mix off.



3. Squeeze plunger to make 20 small blocks.



4. Sow 1 seed per block with a moistened toothpick.



5. Place blocks on heat mat and keep evenly moist.



6. To water, pour a gentle stream into the tray daily. Wait a few moments and pour off any standing water. Add liquid organic fertilizer once a week to the water.



7. Move from heat to light when 50% have germinated.



8. Move outdoors to get acclimated to conditions for a few days before planting. Protect blocks from direct rain.



9. Plant in the garden when 3-5" tall.



10. Row cover provides protection from the elements for newly planted transplants.



11. A well-established bed of soil blocks.



12. The results!

Want a Larger Transplant?

Move the small block seedling into the large block to grow into a larger transplant. For areas with a shorter growing season a larger transplant makes sense. It's also good for those times when you cannot plant the small blocked seedling in a timely manner.



Soil Blockers

Small Blocker P403 \$28.95

Makes one set of twenty 3/4" blocks. We use this size blocker to start most of our seeds. We grow them in this block until they go to the garden. For best results, use our certified organic blocking mix. Made in England.

Large Blocker P404 \$32.95

Makes one set of four 2" blocks. Use this size for larger seeds such as squash and the like. The large blocker can be equipped with cube inserts that allow you to move a seedling growing in a 3/4" block into the larger block. Inserts sold separately. For best results, use our certified organic blocking mix. Made in England.

Inserts P413 \$9.95

Large blocker attachment makes a perfect indentation for the smaller block to drop into for continued growth. Pack includes four cubes. Made in England.

Blocker Set Small blocker, large blocker, and inserts.

P425
\$64.95
\$71.85 Value



It's All About the Blocking Mix

The secret to making great soil blocks lies in the mix. Any soil will make the blocks--it's how they hold up during the sprouting and growing period that sets the mixes apart.

Blocking Mix has the opposite characteristics of regular potting soil. While potting soil ingredients make it crumbly, light, and fluffy. Blocking Mix includes ingredients that bind together to make a sturdy, long-lived block.

We recommend *Ready-To-Use Blocking Mix* while learning the technique.

Leftover wet *Blocking Mix* can be left to dry out and re-wet for use later. Never store wet or moist mix in a closed container.

Blocking Mix Recipe

- 16 cups sifted peat moss or cocoa fiber
- 4 cups sifted compost
- 1/2 cup Blocking Nutrient Mix
(1/4 cup green sand and 1/4 cup rock phosphate powder)

Mix ingredients dry.

Mix 3 parts dry mixture to 1 part water.

Organic Blocking Mix SP501 \$11.95*



Ready To Use

This soil is specially mixed for soil blocking. Unlike most potting mixes that are crumbly, it holds together to make strong blocks. Makes approximately 500 small blocks. 5 Qt.

**Additional shipping, details with item information online.*

Do-It-Yourself Blocking Mix Nutrient F4026 32oz \$14.95

New Size!



Make Your Own

When combined with peat moss and compost, this blocking mix nutrient makes the equivalent of 8 bags of our Organic Blocking Mix. Ingredients: greensand and rock phosphate. 4 cups. Makes 8 recipes. **Additional shipping, details with item information online.*

Watering Tips While blocks are in the sprouting stage on a seedling heat mat or growing under a grow light in a home temperature space, they will need watering once daily. Blocks should dry out between waterings. Water by pouring a gentle stream of water into the tray. I pour a smidgen more than I think they need to ensure the blocks get wet all the way through. Allow a couple of minutes for the water to be absorbed and then tilt the tray to pour out any standing water.

Soil-Blocking Kits

DIY Blocking Kit

Just add your peat moss and compost to make your own soil and you're ready to go.

- **Small Blocker**
- **DIY Blocking Mix Nutrient 32oz**
- **Seeding Pan**
- **Instructions**
- **Blocking Mix Recipe**

SBKDIY
\$38.95
\$45.85 Value

Add a
Large Blocker
and Inserts to
any Kit
P429 \$36.95



Soil-Blocking Kit

Kit includes everything you need to get started!

- **Small Blocker**
- **Organic Blocking Mix**
- **Online Easy Seed-Starting Course**
- **5 Large Blocker Trays**
- **Plant Labels**
- **Seeding Pan**
- **3 Packs of Seeds FREE**
- **Instructions**
- **Blocking Mix Recipe**

SBK
\$68.95*
\$81.55 Value

Add a
Large Blocker
and Inserts to
any Kit
P429 \$36.95

*Additional shipping, details with item information online.



Complete Seed-Starting Kit

Everything you need from seed starting to going to the garden!
See page 6 for item details.

CSSK
\$299.95*
\$320.20 Value

Add a
Large Blocker
and Inserts to
any Kit
P429 \$36.95

- **Soil-Blocking Kit** (above)
- **Heat Mat**
- **Grow Light**
- **Grounded Timer**
- **Organic Liquid Fertilizer**
- **Floating Row Cover**
- **2 Additional Packs of Seeds for a Total of 5 FREE Packs!**

See Page 6 for product details.

*Additional shipping, details with item information online.



Large Blocker Add On



Add a large blocker and inserts to any kit.

P429
\$36.95
\$42.90 Value



Soil blocking can help if you are starting seeds inside your home. In a space of just 26"x12" you can start and support 240 seedlings until they move outdoors! See page 18 for the online course **Seed Starting Made Easy**.

Lisa's Tip

Seed-Starting Accessories

Seed-Starting Heat Mat

Maintains soil temperature 15-20 degrees above room temperature. Warm soil leads to more seeds germinating and more quickly. Grows bigger, healthier plants.

Tip: Move from heat mat to grow light when 50% of seeds begin to sprout.



P405 Small 9"x19" \$36.95 Mat can support 180 small blocks.
P406 Large 20"x48" \$92.95* Mat can support 640 small blocks.

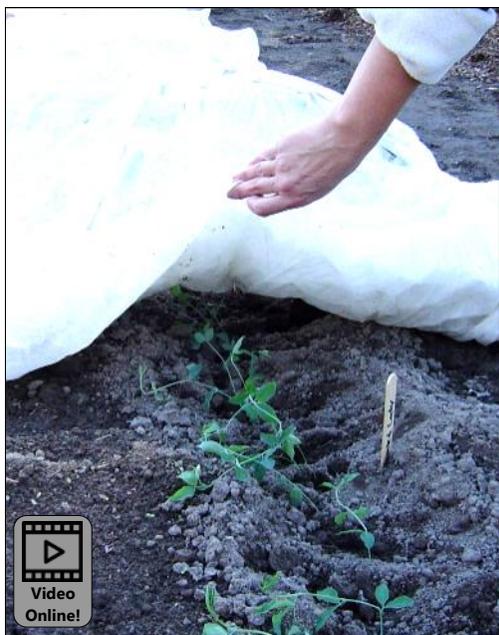
**Additional shipping, details with item information online.*

2ft Table-Top Grow Light P4410 \$139.95*

For the best seedlings, provide 16 hours of direct light daily. Our grow light uses only 12" x 26" of countertop, yet supports 240 small blocked plants until they go to the garden. Fixture height is easy to adjust to the needs of your seedlings from 2" to 16". Includes two grow bulbs, fixture, and 5' cord. Recommended to use with our grounded timer.

24"H x 26"W x 12"D **Additional shipping, details with item information online.*

4ft Table-Top and Hanging Grow Lights available online.



Floating Row Cover PP302 \$26.95

A gardener's best friend! We use it for the first 10-14 days after all plantings with no support. 6.5' x 50'.

Grounded Timer P408 \$12.95

Use with Grow Light to provide the 16 hours of daily light needed. This timer has a grounded plug.



Liquid Seaweed/Fish Fertilizer (2-3-1)

F4018 \$13.95

A blend of seaweed and fish. This fertilizer meets the complete nutritional needs of all your plants. Mix at a rate of 2Tbsp. per gallon of water. Made in USA. 18oz.



Organic

5 Blocker Trays Small

P414 8-1/4" x 5-3/4" \$2.95

Holds 2 sets of small blocks or 2 sets of large blocks. Reusable and washable styrofoam.



5 Blocker Trays Large

P424 10-3/4" x 5-7/8" \$3.95

Holds 3 sets of small blocks or 2 sets of large blocks. Reusable and washable styrofoam.



Visit product pages for videos!

Seeding Pan P418 \$1.95

Aluminum has no static cling as with plastic pans.



Plant Protection and Support

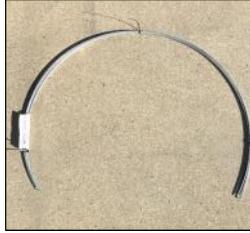
Floating Row Cover 6.5'x50' PP30 \$26.95

85% light, air and water transmission so no need to remove during the day. Reusable year after year. Use without hoops to lay directly on the bed or use with hoops to support the cover which lends itself for even more uses. Useful for covering new planting, seedbeds, season extension, and protecting garden from pests and varmints such as deer and squirrels.



76" Pre-Arched Wire Hoops PS252 \$14.95

Use to support Floating Row Cover over crops to make a low tunnel. Push ends into ground approximately 6". Great for season extension, seedling protection, and preventing pest damage. Set of 5. **Additional shipping, details with item information online.*



Anchor Bags PS253 \$10.95

Fill each anchor bag with garden soil and use to anchor row covers. Woven black bags made from polypropylene which resist tearing and puncturing. 15 lbs. is the recommended weight. UV stabilized, 14"x26", set of ten, black.

White on Black Biodegradable Mulch Film 48"x50' GA4850W \$26.95

This corn starch-based mulch film leaves no toxic residues in the ground. Has the same benefits as plastic mulch without the negative impact on the environment. There is no removal or recycling. To prevent overheating seedlings: Plant on the white side when temperatures are above 85 degrees. Plant on the black side when temperatures are below 85 degrees. Once plants are growing and shading the film, temperature is not a concern. Cool season gardens especially benefit with the black side up for warmer roots and cool plant tops.



- Prevents most weeds from sprouting.
- Increases soil temperature and allows rapid root growth.
- 100% biodegradable.
- Protects flowers and vegetables from direct contact with the ground so the crop remains clean and there are fewer plant diseases.
- It is easy to put down by hand and to plant through.
- We use this film here on our farm and love it!
- Film is incorporated into the soil at the end of the season.

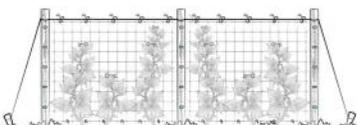


Flower and Vine Support Netting

• PS251 Green 5'x30' \$14.95

• PS328 White 3'x328' \$64.95*

Cost-effective alternative for supporting flowers with long stems and heavy blooms. 5' netting is ideal for climbing vines such as sweet peas. Rot-proof. Easy to install. Resistant to UV rays. Instructions included. Reusable. 6"x6" mesh is easy to cut to size for horizontal and vertical flower support. **Additional shipping, details with item information online.*



Prevent Weeds with our Favorite Tools!

Japanese Hand Hoe

Right-handed T639R \$24.95

Left-handed T639L \$24.95

The sharp edge makes quick work of weeding and gardening. Blade is forged of high carbon steel that holds the sharp edge longer. Overall 13", blade is 5".

Farm Favorite



Garden Hoe T615 \$53.95

Our Garden Hoe is designed so the gardener stands upright to weed. Pull it through the soil 1 inch or so below ground level to cut under weeds easily. Also useful to thin seedlings and to loosen soil. The 7" blade is made in Switzerland from spring steel. Ash 59" handle made in USA. Assembly is required. **Additional shipping, details with item information online.*

Farm Favorite

Sod and Harvest Knife

T653 \$9.95

Excellent for cutting through roots, cutting plants out of the ground and for harvesting lettuce and other leafy greens. 4" serrated teeth blade, 7" overall.



Farm Favorite



Cut-Flower Shears T624 \$37.95

The shears we use on the farm day-in and day-out for all of our cut-flower harvesting chores. They are lightweight with a comfortable plastic handle and a safety latch. Teflon-coated blade. 1-3/4" blade, 7-1/4" overall.

Farm Favorite



Our Favorite Seed Collections!

Our Seed Collections feature some of my very favorite flowers! Some because they knock your socks off and others because they are such easy and prolific growers. My growing tips and a suggested garden plan are included with each because I want you to be successful and to grow a garden full of flowers to enjoy and share. Each collection plants a 3'x10' garden bed.

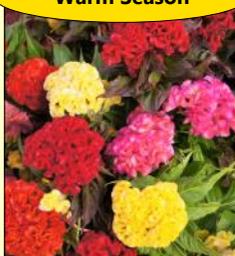
Lisa Z

New Lower Price!

Cut-Flower Garden Seed Collection SC18 \$19.95

Warm-season annual garden collection includes 6 packs of seeds, a planting diagram for a 3'x10' garden, and tips. Start seeds indoors for earlier blooms or plant seeds directly in the garden. Plant seeds or transplants in the garden after danger of frost has passed and the soil has begun to warm. These seeds prefer full sun.

Zinnias: Giant Mix, Lime Green, and Oklahoma Mix, Sunflower Pro-cut, Cockscomb Mix, and Basil Mix.



Warm Season



Warm Season

Sunflower Garden Seed Collection SC13 \$19.95

Warm-season annual garden collection includes 6 packs of seeds, a planting diagram for a 3'x10' garden, and tips. Start seeds indoors for earlier blooms or plant seeds directly in the garden. Plant seeds or transplants in the garden after danger of frost has passed and the soil has begun to warm. These seeds prefer full sun.

Sunflower: Sunrich Gold, Sunbright, Pro-cut Lemon, Moulin Rouge, Lemon Aura, and Pro-cut Orange.



Save \$3.75

Cold-Hardy Spring-Blooming Garden Seed Collection SC19 \$19.95

Cool-season hardy annual garden collection includes 6 packs of seeds, a planting diagram for a 3'x10' garden, and tips. These seeds prefer being planted directly in the garden and in full sun. These cold-hardy annuals thrive when seeds are planted in the fall in Zones 7-9 or early spring in Zones 4-6.

Corn Cockle, Pot Marigold, Larkspur, Love-in-a-mist, Poppies and Bupleurum.



Save \$3.75

Cool Season

Warm-Season Tender Annual Seeds

Sunflowers *Helianthus annuus*. Plant sunflower seeds indoors for an earlier start or plant directly in the garden. Plant out in the garden after all danger of frost has passed and the soil has begun to warm. Sunflowers prefer full sun. Harvest blooms for bouquets or leave in garden for the bees and birds to feast on.



Pro-Cut Orange FSU5 \$3.95
60", 25 seeds
Great Cut, Single stem



Pro-Cut Lemon FSU9 \$3.95
60", 25 seeds
Great Cut, Single stem



Sunbright FSU6 \$3.95
72", 25 seeds
Great Cut, Single stem



Sunrich Gold FSU7 \$3.95
72", 25 seeds,
Great Cut, Single stem



Lemon Aura FSU1 \$3.95
60", 25 seeds
Great Cut, Multi-branching



Moulin Rouge FSU3 \$3.95
80", 25 seeds
Great Cut, Multi-branching

Lisa's Tips

Sunflower head size:

The size of the sunflower head on a single-stemmed sunflower is controlled by the spacing between plants in the garden. For cut-flower size heads of 4-5" across, space plants 6 inches apart in all directions. Space further apart for larger heads.

Sunflowers all summer and fall:

To have a supply of sunflowers all summer and fall, plant some each week.

Sunflowers as cut flowers:

For blemish-free and long-lasting blooms, harvest flowers just as they begin to open. They will continue to open indoors.

Hairy Balls FHA1 \$3.95 Ht. 48-60", 25 seeds

Gomphocarpus physocarpus

Produces stems of small flowers that transform into soft, 3" spiny balloons. Late summer blooms for bees and pods make a great cut flower. Plant seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Full sun.



How to Make a Hairy Ball Wreath Video Online!



Warm-Season Tender Annual Seeds

Zinnias...Easy and

Gorgeous! *Z. elegans*

Plant seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Zinnias prefer full sun. These varieties are mildew resistant.

Benary's Giant Zinnia

Magnificent in bloom! A must-have for every cutting garden. Non-stop, 5" double blooms.

Ht. 48" 25 seeds

\$3.95 each



Mixed Colors FZB6, A mix of all the colors below but green.



White FZB12



Yellow FZB14



Orange FZB7



Scarlet FZB11



Purple FZB9



Salmon FZB10



Coral FZB3



Carmine FZB1



Deep Red FZB4



Wine FZB13



Lilac FZB5



Pink FZB8



Benary's Lime Green Zinnia FZB15 \$3.95 Ht. 30", 25 seeds

Produces beautiful double blooms that reach 3" across. A favorite in bouquets. Plant seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Zinnias prefer full sun.

Warm-Season Tender Annual Seeds

Zinnias...Easy and Gorgeous! *Z. elegans* Plant seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Zinnias prefer full sun.



Oklahoma Zinnia Mix
FZO4 \$3.95
Ht. 30", 50 seeds

Produces beautiful double blooms. 1-1/2 to 2-1/2" across. A favorite in bouquets.



Queen Zinnia Mix
FZQ3 \$3.95
Ht. 30", 25 seeds

This beauty produces masses of fully double bicolor rose and green 2-3" blooms.



Uproar Rose Zinnia
FZU1 \$3.95
Ht. 36", 10 seeds

A very productive zinnia. The fluorescent bloom color is one of a kind.



Zowie Zinnia
FZZ1 \$3.95
Ht. 24-30", 10 seeds

Beautiful magenta-orange centers with yellow tips. It's a favorite of butterflies!



Giant Cactus Mix Zinnia
FZC2 \$3.95
Ht. 36", 50 seeds

These frilly blooms reach up to 5" across! Mix includes whites, pinks, oranges, and purples.



Giant Cactus Inca Orange Zinnia, FZC1 \$3.95
Ht. 36", 50 seeds

These frilly orange blooms reach up to 5" across! Fabulous in bouquets.

Basil, *Ocimum basilicum* Fragrant foliage basil is great in bouquets! Plant seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Full sun.



Cinnamon HBA1 \$3.95
Ht. 24-30", 50 seeds



Lemon HBA3 \$3.95
Ht. 24-30", 50 seeds



Cinnamon and Lemon Mix HBA2 \$3.95
Ht. 24-30", 50 seeds



Millet, Lime Light FMI2 \$3.95
Ht. 36-60", 50 seeds

Setaria italic A corn-like plant that has green foliage and a draping head. If the flower heads are left in the garden to go to seed, the birds adore them.



Millet, Purple Majesty FMI1 \$3.95
Ht. 60", 10 seeds

Pennisetum glaucum A corn-like plant that has deep purple foliage with cattaill-like spikes. If the flower heads are left in the garden to go to seed, the birds adore them.

Warm-Season Tender Annual Seeds



Cosmos, Double Click

FCS2 \$3.95, Ht. 36-48", 50 seeds

C. bipinnatus Beautiful flowers that appear to float on top of airy foliage. Plant seeds indoors for an early start or directly in the garden. Prefers full sun.



Marigolds, Super Giant

FMA1 \$3.95, Ht. 36", 25 seeds

Tagetes erecta A mix of yellow and orange 3" blooms. Excellent cut flowers and great in the garden. Plant seeds indoors for an early start or directly in the garden. Full sun.

Cockscomb *Celosia argentea crista*

Plant cockscomb seeds indoors for an early start or plant directly in the garden after all danger of frost has passed and soil has warmed. Cockscomb prefers full sun.



Mixed Colors

FCC9 \$3.95, Ht. 36-40", 50 seeds



Cramer's Series Cockscomb

Mix FCC4 \$3.95, Ht. 30-36", 75 seeds

Celosia Plumes *Celosia argentea plumose*

Celosias are the work horses of our summer garden. Plant seeds indoors for an early start or directly in the garden after all danger of frost has passed and soil has warmed. Full sun.



Pampas Plume

FCE7 \$3.95

Ht. 36", 50 seeds



Sunday, Mix

FCE8 \$3.95

Ht. 24-30", 15 seeds



Sylphid

FCE11 \$3.95

Ht. 36", 15 seeds



Hi-Z

FCE6 \$3.95

Ht. 36", 50 seeds



Ageratum, Blue Horizon

FAG1 \$3.95

Ht. 30", 50 seeds

Fabulous in the landscape and in the cutting garden.



Gomphrena, Carmine

FGO2 \$3.95

Ht. 24", 50 seeds



Gomphrena, Purple

FGO3 \$3.95

Ht. 24", 50 seeds

Better known as Globe Amaranth. Gomphrena is small but powerful in the garden and great in bouquets. Easy to grow and to dry.

Cool-Season Hardy Annual Seeds



Graceland
FAM10 \$3.95

Ht. 36-48", 200 seeds

Ammi majus Encourages beneficial insects. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 7.



False Queen Anne's Lace
FFA1 \$3.95

Ht. 24-48", 25 seeds

Daucus carota var. sativus Blooms mauve and fades to green! Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 7.



White Lace Flower
FWH1 \$3.95

Ht. 24", 50 seeds

Orlaya grandiflora A nice compact plant. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 6.



Bupleurum
FBU1 \$3.95

Ht. 30", 50 seeds

Bupleurum griffithii Yellow-green flowers that will reseed in your garden. Plant seeds directly in the garden. Full sun. Hardy to zone 5.



Dill Bouquet
HDI1 \$3.95

Ht. 24-60", 100 seeds

Anethum graveolens Use in bouquets and cooking. Plant seeds directly in the garden for best results. Full sun. Hardy to zone 7.



Atriplex
FAT1 \$3.95

Ht. 48", 50 seeds

Atriplex hortensis A wonderful foliage that adds texture. Plant seeds directly in garden or start indoors. Full sun. Hardy to zone 7.



Corn Cackle Mix
FCR1 \$3.95 each

Ht. 36", 100 seeds

Agrostemma githago Beautiful airy foliage and blooms. Plant seeds directly in the garden for best results. Full sun. Hardy to zone 7.



Feverfew, Virgo
FFE3 \$3.95

Ht. 36", 50 seeds

Chrysanthemum parthenium Little white button flowers. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 5.



Foxgloves, Foxy
FFO2 \$3.95

Ht. 24-36", 200 seeds

Digitalis purpurea All parts of plant poisonous. Plant seeds directly in the garden or start indoors. Prefers part-sun. Hardy to zone 5.



Bells of Ireland
FBE1 \$3.95

Ht. 30", 50 seeds

Moluccella laevis Green bell-shaped flowers that look magical in the garden. Plant seeds directly in the garden. Full sun. Hardy to zone 7.



Bachelor Button
Blue FBA2

Mix FBA3
\$3.95 each

Ht. 36", 100 seeds

Centaurea cyanus One of the first spring bloomers. Plant seeds directly in the garden. Full sun. Hardy to zone 6.

Black-Eyed Susan

Rudbeckia hirta Our all-time favorite Black-Eyed Susans with their beautiful, long-lasting blooms. Not invasive as the common native can be; these varieties reseed politely in your garden. Plant seeds directly in the garden or start indoors. Prefers full sun. Hardy to zone 5.

**Double Daisy****FBL2 \$3.95****Ht. 36-48", 50 seeds****Indian Summer****FBL4 \$3.95****Ht. 36-48", 50 seeds****Prairie Sun****FBL5 \$3.95****Ht. 24-36", 25 seeds****Goldilocks****FBL3 \$3.95****Ht. 24-36", 50 seeds****Triloba****FBL6 \$3.95****Ht. 36-48", 25 seeds****Larkspur, Sublime Mix****FLA5 \$3.95****Ht. 36-48", 100 seeds**

Delphinium consolida A mix of shades of pink, white and blue. Plant seeds directly in the garden. Full sun. Hardy to zone 6.

**Love-in-a-mist Mix****FLO2 \$3.95****Ht. 18-24", 100 seeds**

Nigella damascene A mix of white, blue and rose flowers. Plant seeds directly in the garden for best results. Full sun. Hardy to zone 6.

**Lambada, Monarda****FLA1 \$3.95****Ht. 24-36", 50 seeds**

Monarda hybrid A Bee Balm with pink-silver blossoms. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 7.

**Pincushion Flower****Blue Cockade FPI2 \$3.95****Ht. 36", 50 seeds**

Scabiosa atropurpurea Plant seeds directly in the garden or start indoors. A favorite of bumble bees. Prefers full sun. Hardy to zone 7.

**Poppy, Champagne Bubbles****FPO1 \$3.95****Ht. 12-18", 50 seeds**

Papaver nudicaule Mix of orange, pink, scarlet, white and yellow. Plant seeds directly in the garden. Full sun. Hardy to zone 6.

**Poppy, Giant Poppy Pod****FPO5 \$3.95****Ht. 36-60", 50 seeds**

Papaver somniferum Plants are grown for the large pod as a cut flower that follows the short-lived actual flower. Full sun. Hardy to zone 6.

In my book **Cool Flowers** (on catalog page 19) learn about growing these cold-season loving plants and when you should plant them. Visit the book product page online to **claim your FREE "Cool-Season Planting Guide"** and other spring resources!



Snapdragon, Chantilly Mix
FSN1 \$3.95

Ht. 30-36", 25 seeds

Antirrhinum majus The earliest snap with an open-faced flower. Start seeds indoors for best results. Prefers full sun. Hardy to zone 7. Pictured left.



Snapdragon, Madame Butterfly Mix
FSN2 \$3.95

Ht. 30-36", 25 seeds

Antirrhinum majus Double blooms that look like a butterfly! Start seeds indoors for best results. Prefers full sun. Hardy to zone 7.



Snapdragon, Opus Mix
FSN3 \$3.95

Ht. 30-36", 25 seeds

Antirrhinum majus A mix of bi-colored blooms. Start seeds indoors for best results. Prefers full sun. Hardy to zone 7.



Snapdragon, Rocket Mix
FSN4 \$3.95

Ht. 30-36", 50 seeds

Antirrhinum majus Gorgeous spikes in cherry, yellow, orchid, pink, rose, and white. Start seeds indoors. Full sun. Hardy to zone 7.



Pot Marigold, Pacific Beauties
FPO2 \$3.95

Ht. 12-24", 50 seeds

Calendula officinalis A mix of orange, yellow and ivory. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 7.



Strawflower, King Size Mix
FST1 \$3.95

Ht. 30", 100 seeds

Helichrysum bracteatum Mix of yellow, white, orange and pink. Plant seeds directly in the garden or start indoors. Full sun. Hardy to zone 8.



Statice
FST7 \$3.95

Ht. 32", 50 seeds

Limonium sinuatum Great used fresh or dried. Start seeds indoors. Full sun. Hardy to zone 7.



Stock, Katz
Pink FST5, Blue FST6
\$3.95 each, Ht. 30", 25 seeds

S. matthiola Fragrant double blooms that add rich spring color. Prefers to be started indoors. Full sun. Hardy to zone 8.



Sweet William, Amazon
Cherry FSW5, Purple FSW6 \$3.95 each
Ht. 24-30", 20 seeds

Dianthus barbatus Fragrant full heads excellent in bouquets. Prefers to be started indoors. Full sun. Hardy to zone 5.



Stock, Cheerful
White FST2, Yellow FST3
\$3.95 each Ht. 30", 40 seeds

S. matthiola Stems lined with fragrant double blooms. To be started indoors. Full sun. Hardy to zone 8.



Sweet Peas
Royal Mix FSW4, High Scent FSW2
\$3.95 each Ht. 60", 25 seeds

Lathyrus odoratus Flowering vines produce fragrant clusters. Plant directly in the garden or start indoors. Full sun. Hardy to zone 7.



Yarrow, Colorado Sunset
FYA1 \$3.95
Ht. 30", 50 seeds

Achillea millefolium A mix of soft colors resembling a sunset. Plant directly in the garden or start indoors. Full sun. Hardy to zone 5.

Make Your Cut Flowers Last Longer!

CVBN Pre-treatment 80 tabs CF4003 \$12.95

This easy-to-use pretreatment chlorine tablet helps to prevent bacteria in the stems and water. We use the tablets in our harvest buckets and see a noted increase in the vase life of our flowers. Won't harm clothing. 50 pills.

- Add the quick-dissolving pill to the harvest container water.
- Leave flowers in this water for at least 4 hours, but can stay for up to 72 hours.
- Follow this pretreatment with *Fresh Cut-Flower Food*

Flowers that benefit the most: Amaranth, Pot Marigolds, Bachelor Buttons, Celosia, Dahlias, Feverfew, Marigolds, Snapdragons, Stock, Sunflowers, Yarrow, Zinnias.



Clear Fresh Cut-Flower Food 50 pk CF4002L \$11.95

Cut-flower food helps your flowers last longer in the vase. It provides food to nourish the flowers, a biocide that helps to keep the water clean and a PH balancer that helps to prevent air bubbles from clogging the stems. Flowers that can drink fresh clean water last twice as long. Trimming the stems 1" and changing the vase water every 4 days or so increases vase life even longer. 1 packet per quart of water.



I know from 20 years of cut-flower farming that flower conditioning products make a big difference in how long homegrown cut flowers last. To learn more, visit these product pages to **claim your FREE "Making Your Cut Flowers Last Longer"**.

Online Courses with Lisa

Gardening and Flower Farming Online Courses with Lisa Mason Ziegler

It's never been easier to learn how to grow and enjoy a garden or to start a small urban cut-flower farm! Lisa shares the easy steps she follows to grow an abundant organic garden that produces endless blooms and yes— she grows vegetables too!

Lisa's online courses deliver her simple, clear and concise training. Once a course is purchased you can watch at your convenience and review anytime because you have unlimited lifetime access.

**Read
Student
Reviews
Online!**



Seed Starting Made Easy

Lisa shares her secrets for easy seed starting success. Learn how to start seeds indoors with the soil-blocking method and how to plant seeds directly in the garden and get results. Lisa shares her in-home setup to start and grow transplants. If you want to start your own plants, but are struggling...this course is for you.



The Easy Cut-Flower Garden

Lisa has taken her experiences from flower farming and put them into a 3'x10' home cutting garden. This course is for the beginner as well as the seasoned gardener. Includes where to locate the garden, preparing the site, setting up for low maintenance, what to grow, and how to harvest!



Flower Farming School Online

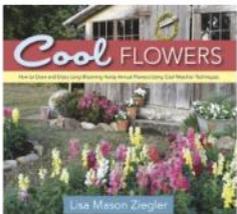
6 WEEK COURSE

Guides you to becoming a cut-flower farmer!

Flower Farming School

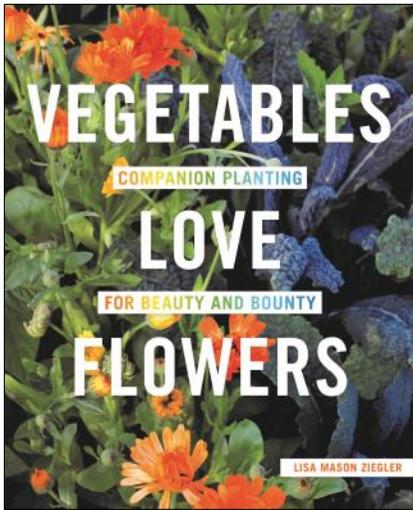
Online This is a self-paced 6-week online course designed to guide you to becoming a successful cut-flower farmer. Includes: setting up the business, building the gardens and beds, who to sell to, what to grow, seed starting, how to harvest and condition flowers plus more! Offered once a year.

Cool Flowers, Beyond the Book For Flower Farming



Cool Flowers Beyond the Book for Flower Farming

Cool Flowers was written for the home gardener but is 100% based on Lisa's experiences as a cut-flower farmer. In this course Lisa tells all on how to apply the concepts in the book to growing on a flower farming scale. Includes some additional *Cool Flowers* to grow. Companion to the book.

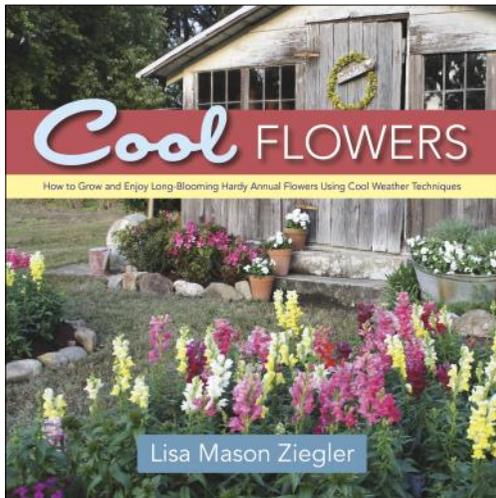


Vegetables Love Flowers by Lisa Mason Ziegler \$21.95

Learn how to have an organic garden where good bugs eat bad bugs, pollinators are abundant and the beautiful bouquet on the table came from your garden! Lisa tells all on why flowers are the missing link in most vegetable gardens. Flowers attract pollinators, beneficial insects and other creatures to the garden that provide nature's most powerful pest control, pollination, and more. 176 pages, soft cover.

Free Shipping on Books!

Claim Your Free Online Book Study!
 Visit the Book Product Pages www.TheGardenersWorkshop.com



Cool Flowers by Lisa Mason Ziegler Cool \$18.95

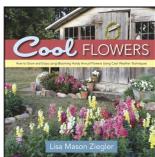
Longing for early fragrant spring blooms? Lisa shares her firsthand experiences growing the beauties of spring--hardy annuals. She introduces you to 30 hardy annuals that will become the stars of your garden—Snapdragons, Bells of Ireland, Sweet Peas and others. With Lisa's simple planting how-to's you'll have a low-maintenance, vibrant spring flower garden that keeps on blooming. 146 pages, hardcover. See catalog pages 14 to 17 for Cool-Flower seeds.

Free Shipping on Books!

Book Bunch \$40

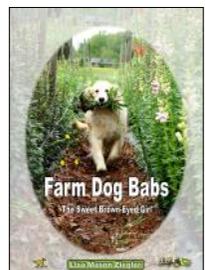
Includes three books: *Vegetables Love Flowers*, *Cool Flowers*, and *Farm Dog Babs*.

\$50.89 Value plus Free Shipping!



Farm Dog Babs \$9.95

Babs can't talk but she speaks volumes on how to live the farming good life. For children of all ages and dog lovers. Soft cover, 28 pages, 8.5" x 11" and full color.



2019 Speaking Events

January 12
Virginia Farming Conference
Richmond, VA

January 14
Home Gardener Day
Virginia Beach, VA

February 16-17
Mother Earth News Fair
Belton, Texas

February 21-24
Northwest Flower & Garden
Seattle, WA

March 8
Back to your Roots
Ruston, LA

April 27-28
Mother Earth News Fair
Asheville, NC

June 19
On-Farm Workshop
Newport News, VA

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PAID
SPI



P.O. Box 2987
Newport News, VA 23609

Current Resident or

Gardening and Farming Online Courses see page 18!



Tabletop Seed Starting Made Easy!

See Soil Blocking Pages 2-6.



2" blocks with tomato transplants.

www.TheGardenersWorkshop.com